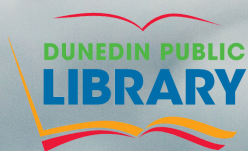




Guided Meditation with Himalayan Singing Bowls

Thursday, January 9 at 3PM

Chairs will be available. Please bring a mat, towel, or blanket to sit on if you wish to be on the floor.



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